

Subaru Mountain Bike Trail System

VIRGINIA'S EXPLORE PARK

MILEPOST 115, BLUE RIDGE PARKWAY, ROANOKE • 540-427-1800



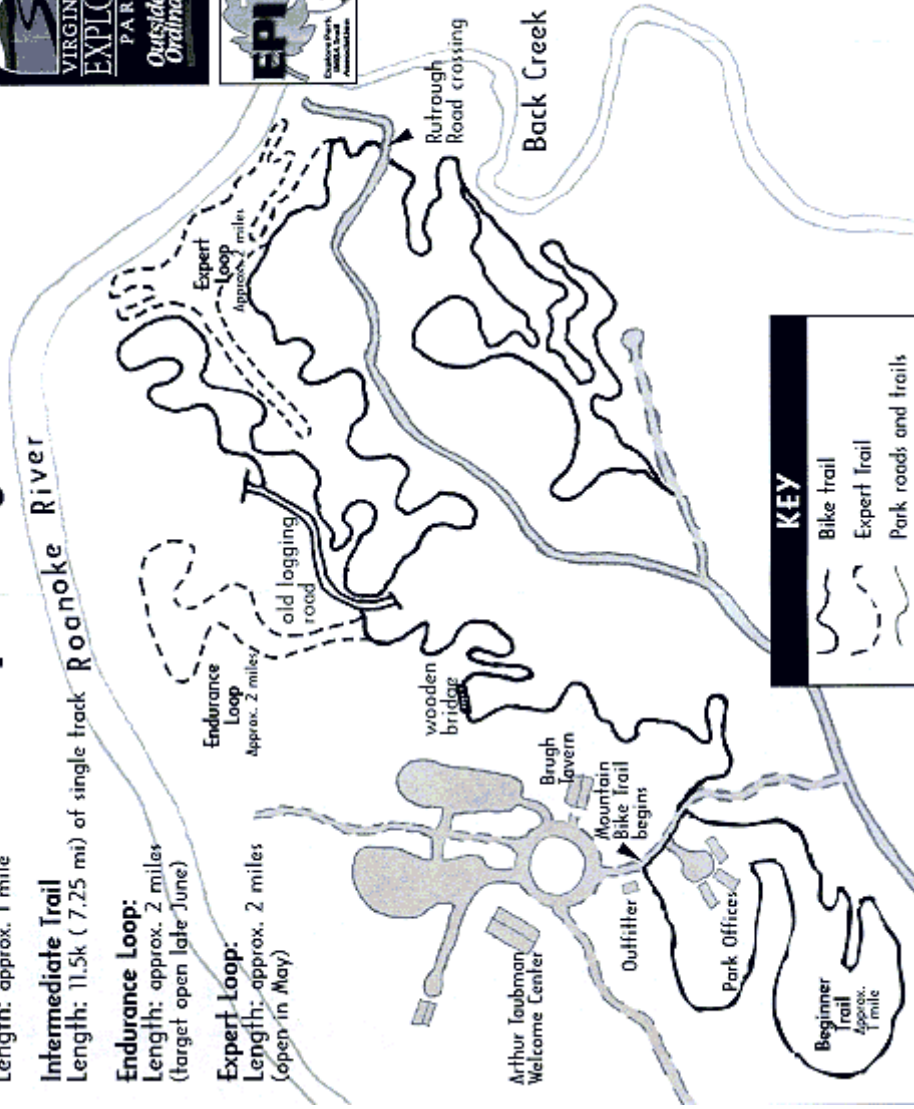
ExploreSingleTrack.com

Beginner Loop:
Length: approx. 1 mile

Intermediate Trail
Length: 11.5k (7.25 mi) of single track

Endurance Loop:
Length: approx. 2 miles
(target open late June)

Expert Loop:
Length: approx. 2 miles
(open in May)



KEY

- Bike trail
- Expert trail
- Park roads and trails

EXPLORE THE OUTBACK

International Mountain Bicycling Association's Rules of the Trail

1. Ride on open trails only
2. Leave no trace
3. Control your bicycle!
4. Always yield trail
5. Never spook animals
6. Plan ahead
7. Wear a helmet

KEEP TRAILS OPEN BY SETTING A GOOD EXAMPLE OF ENVIRONMENTALLY SOUND AND SOCIALLY RESPONSIBLE OFF-ROAD RIDING

Classification

- "Intermediate" for experienced mountain bikers, but "advanced" or "difficult" for non-experienced bikers.
- Not recommended for children under 12, unless they are experienced mountain bikers and accompanied by adult.
- Contains very sharp switchback turns, on grades, that require caution and possibly walking one's bike.
- Carry tools to repair flat tires and broken chains on trail.
- Bikers should have very good brakes and use even braking force to avoid impending their bike.
- All bikers should carry water on the trails.
- Beginner trail will open in the Spring of 2000. It will give the novice rider a taste of Mt. Biking and serve as a confidence builder.